

Nurse Practitioner Profiles (as at 06/11/2015)
Te Tai Tokerau, Northland



Josephine Davis

Iwi: Nga Puhi

Hapu: Ngati Manu, Ngati Kopaki

NP area of practice: Chronic Conditions (Adult) (2012)

Employed by: Manaia PHO

Based: Whangarei

Kia ora, my name is Josephine Davis. I grew up, schooled and trained in Northland. On graduating from Northland Polytech (as it was called then) I worked in private aged care and extensively across secondary services as a casual staff member until settling into a permanent role in the post anaesthetic care unit. In 1995, I moved to Taupo and worked for Lakes DHB across several roles as a staff nurse and nurse specialist. Part of this work involved running a nurse led respiratory service across secondary and primary care and included the long term home oxygen service. In 2007, I moved out into full-time community care working for Lake Taupo PHO as a family nurse with a focus on adults with complex long term conditions. This role was based in Mangakino and had been identified by the DHB as needing additional input to assist with improving health outcomes. This role was also a tracked nurse practitioner role with inbuilt support and funding from both the DHB and PHO for the incumbent to achieve this endorsement.

I was endorsed as a nurse practitioner in 2012 and continued to work in Mangakino and also established a new NP service in general practice in Tokoroa. Alongside clinical hands-on work, I co-tutor a post-grad online pharmacology paper, supervise registered nurses and mentor NP candidates, and more recently I have started auditing.

I am a member of NPNZ and NENZ.

I have been back in Northland since August 2015 and the role as the NP with the respiratory service for Manaia PHO. I feel like the new person on the block even though I am back on my old stomping grounds.

My goal is to further develop the service to ensure that respiratory care continues to be managed in a consistent competent manner, that the people doing this are supported to maintain current practice and that pathways from secondary into primary are streamlined and access to healthcare is consistent regardless of post code. Most importantly, I aim to ensure that people with respiratory conditions are supported with self-management skills which have the flow on effect of improving health outcomes for them and their families. I strive to give people the tools so they can make the decisions that best suit them and their families.

He aha to mea nui o tea ao?
He tangata, he tangata, he tangata!

What is the most important thing in the world?
It is people, it is people, it is people!