

Nurse Practitioner Profiles (as at 06/11/2015)
Te Tai Tokerau, Northland



Sarah Waldron

Iwi: Parents are from Yorkshire in the north of England
Emigrating to New Zealand in 1954
NP area of practice: Primary Health (2011)
Employed by: The Bayview Medical Centre
Based: Paihia

Sarah works as a Nurse Practitioner at The Bayview Medical Centre in Paihia.

Sarah became a Registered General / Obstetric Nurse at Northland District Health Board in 1984. She worked briefly in the Paediatric Cardiothoracic ward at Greenlane Hospital in Auckland. Sarah then traveled to the UK working in London and the south east of England in a variety of National Health Services and private hospitals in surgical, medical and paediatric settings.

Sarah returned to Northland in 1990, working at the Bay of Islands hospital in Kawakawa. She then moved to General Practice, where she has worked since 1996.

Sarah applied and was offered a place on the Post Graduate Diploma Programme in 2005; this was funded by the Health Workforce New Zealand, which enabled her to embark on her post-grad studies. Following this, she studied towards her Master of Nursing, graduating in 2009.

Sarah works independently and in collaboration with the GPs to provide diagnosis and treatment for patients of all ages in a General Practice setting.

“The road to Nurse Practitioner has not been easy, juggling full-time work and family responsibilities with study. I have had the support and met some wonderful people on this journey that have made the trip enjoyable. Special thanks to my GP colleagues, Rose Lightfoot (Te Tai Tokerau PHO), Lecturers from Auckland University, Margaret Horsburgh and the many talented nurses I have met along the way”.