

Adult Alcohol and Drug Service

Northland District Health Board Mental Health and Addictions - Alcohol and Drug services - are a community based outpatient service with clinics at hospital sites in Whangarei, Kawakawa, Dargaville and Kaitia. Outpatient services are also provided in clinics at Kaikohe and Kerikeri, and visiting clinics in Kaeo and Hokianga.

The service is for people 18 and over. There is no upper age limit.

We provide support to stop, cut down and reduce the harm associated with alcohol and other drug misuse

Services are offered to people with alcohol and drug problems and disorders, to those with co existing mental health and alcohol and drug problems and disorders, and to whanau and family members.

Referrals are accepted from all sources, including self referral and referral by family members. Referrals can be made in person, by phone or fax.

Services include:

- Individual, family/whanau and group alcohol and drug interventions
- Detoxification services
- Methadone/Opioid substitution treatment programme for people addicted to opiates
- Assessments and treatment for disqualified drink drivers who would like to get their drivers' license back
- Group programs:
 - Drive Soba Programme- for repeat drink drivers,
 - Straight Driving - for people with concerns about drug use and driving
 - Making Changes - for those wanting or mandated to stop or reduce substance use
 - Cross Roads - recovery and relapse prevention group (Whangarei only)
 - Whanau, Family and Friends Support Group (Whangarei only)
- Specialist Addiction Medicine
- Support, consultation and liaison to health professionals and others working with clients who have alcohol and drug problems or disorders.

Child and Youth Alcohol and Drug Services - TE ROOPU KIMIORA (TRK OR CHILD & YOUTH)

Te Roopu Kimiora provide a multi-disciplinary mental health and addiction service for children aged 0 to 14, young people aged from 15 to 19 and their family/whanau who are experiencing severe mental illness and drug and alcohol problems. Family inclusive treatment is provided for young people with mental health and substance use problems.

There is a specialist Youth alcohol and drug service based in Kaitia.

Contact your local area hospital and ask for the Mental Health and Addiction Team, Alcohol and Drug services

Whangarei & BOI/mid North - 09 430 4100

Kaitia - 09 408 9180

Dargaville - 09 439 3330