

Northland Resource Unit- (NRU) Newsletter- Public & Population Health

Whangarei Northland DHB,
Central Stores Building,
Carparks 12-15,
Hospital Road,
Private Bag 9742
WHANGAREI 0148

OPEN HOURS:
Monday & Tuesday 7.30 am to 12.30 pm
Thursday & Friday 10.30 am to 3.30 pm

Email: resources@northlanddhb.org.nz
HealthEd Website: www.healthed.govt.nz
Ph: 09 4304101 Ext 60608
Fax: 09 4304493

Issue 4 April 2016

Access and availability

The Resource Unit based within the Central Stores Building, Hospital Road and accessed via the Gate for Car Parks 12 – 15, is a treasure trove of free resources to assist in 'Creating a Healthier Northland'.

Current stock includes a wide variety of free pamphlets, posters and DVD's on general public health, including alcohol & drug, breast screening, cervical screening, child health, communicable diseases, dental & oral health, environmental health, family violence, food safety, problem gambling, hand hygiene, health and disability, immunisation, influenza, mental health, nutrition, rheumatic fever, road safety, sexual health, smokefree, social issues and water safety.

Orders

- Email the completed print resource order form (attached) to resources@northlanddhb.org.nz OR
- Place your order on www.healthed.govt.nz

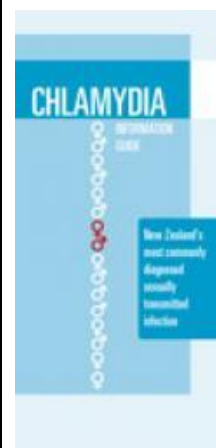
Resources receipted into stock and now available



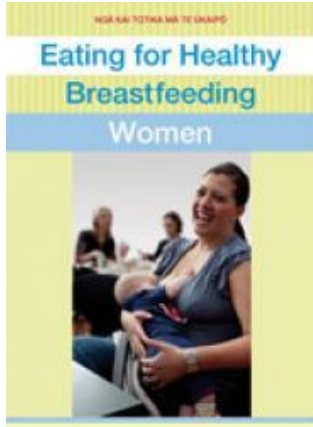
HE1306 Feeding your baby infant formula



He2500 Stay clean as



HP 4609 Chlamydia



HE 1806 Eating for Healthy Breastfeeding Women



HE10102 BreastScreen Aotearoa

Newly Out of stock – reprint or under revision



HE 1523 Refugee Healthy Family Food. Under review by HPA

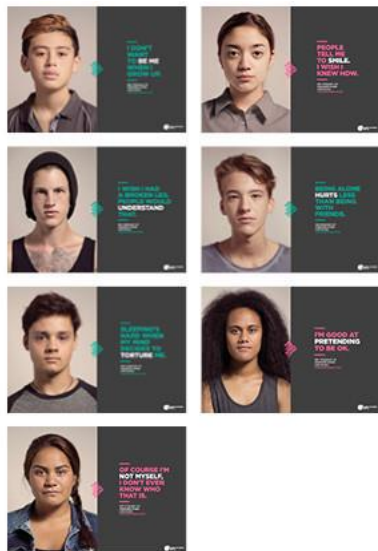


No smoking Symbol sign. Under review by HPA

He 2278

Childs vision pads. Awaiting budget approval to reprint

Resources you may be interested in....



A3 and A2 Posters suitable for schools, health professionals, clinics, counsellors and support people .see www.thelowdown.co.nz



Going to be a Dad



Congratulations Dad



Thinking of parenting



Tips for under 5's



Te Reo

www.skip.org.nz





www.thelowdown.co.nz



www.areyouok.org.nz

HealthEd E-catalogue

Please email resources@northlanddhb.org.nz if you wish to receive a copy of the E-catalogue of HealthEd resources.

Awareness Dates - May

1-7 Privacy Awareness week	http://privacy.org
2 Term2 Begins-Primary, Intermediate Secondary schools	www.minedu.govt.nz
2-8 Salvation Army Red Shield appeal	www.salvationarmy.org.nz
5 International Midwives Day	www.midwiferycouncil.org.nz www.internationalmidwives.org/events/idotm
5 World Hand Washing Day	www.handhygiene.org.nz
5 World Asthma Day	www.ginasthma.org
5 World Red Cross Day	www.redcross.org.nz
12 ME Awareness Day	www.anzmes.org.nz
12 International Nurses Day – Theme “Nurses: A force for change: Improving Health System Resilience	www.nursingcouncil.org.nz
15 International Day of Families	www.un.org
16-22 Hospice Awareness Week	www.hospice.org.nz
16-22 Road Safety week- Theme “Look out for kids”	www.brake.org.nz
21-29 Youth week-Theme: “Giving back is giving forward”	www.arataiohi.org.nz
18-24 Coeliac Awareness Week – Theme:” Children, Youth & Young Adults	www.coeliac.co.nz
27 World Multiple Sclerosis Day	www.msnz.org.nz
31 World No Tobacco Day	http://smokefree.org.nz/world-smokefree-day
31-6 Jun National Infant and Child Gastric Reflux Awareness Week	www.cryingoverspiltmilk.co.nz

Northland Resource Unit may not stock resources for featured awareness days, please order in advance

Resource Unit (Public & Population Health Services) Free Health Resources.
Supporting active and healthy lifestyles.



