

Northland Resource Unit- (NRU) Newsletter- Public & Population Health

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11.30 am to 3.30 pm (or by prior arrangement)



Issue 16, December 2017

The end of the year has come so quickly. Wishing you happy family festivities, a safe and relaxing holiday season and I look forward to working with you again next year.

The Resource Unit will be closed from Monday, 18 December and re-opening Monday 15 January 2018. Please send your order through to me by **Wednesday 14 December** for the last end of year requests.



Monday 18 December 2017
to Friday 12 January 2018



HE1109 Time to quit minor changes



HE1210 Screening for breast cancer. Change in branding. "Time to screen". Use older copies first.



HE 2310 Your newborn baby's blood test



HE2312 Be active every day for 5-18 year olds – minor changes



New Resources - Five ways to wellbeing posters-available from www.mentalhealth.org.nz



Five ways to Wellbeing Chinese



Five ways to Wellbeing Samoan and other languages

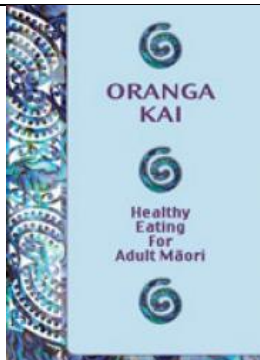


Blokes portrait



and landscape

Under review -on-line only



Oranga kai : Eating for healthy adult Maori . Online only. MOH is considering whether they may produce something if funding permits



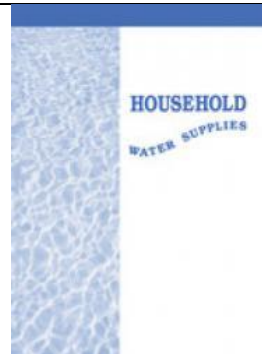
HE2395 meningococcal disease know the symptoms .On hold. MOH under discussion with HPA Immunisation team



HE2400 Getting checked for prostate cancer and What is your risk for prostate cancer poster? HE 2422 .Under review with working group.



HE 10120 Information for women over 70 years. Online for now due to pending change



HE4602 Household water supplies. Negotiating with MOH due to low print usage



HE9030 Food for health –Samoan
HE 9029 Maori
HE 9031 Tongan
HE9032Niuëan
HE9033-Fijian
HE0034 CIM
HE9035 Tokelaaun

To be deleted once the new generic resource is approved by MOH



<i>Deleted resources</i>		
CHI018 Taringa hoi-Glue ear	CHI019 Earache te taringa ngau	CHI020 Te taringa ngau earache
IMM030 Don't assume you're immune	SF040 Stop before you start-he killed my Mum's sister	SF041 Stop before you start
SF042 Stop before you start- there's a chance he might kill me one day	SF043 Stop before you start no pain no gain -treadmill	SF044 Stop before you start no pain no gain –squats
WEL001 Everyday people and mental illness	WEL059 Having suicidal thoughts	

Awareness Dates- December - Hakihea

December 2017		
1	World Aids Day	www.nzaf.org.nz
1	Safe sleep Day	www.whakawhetu.co.nz/te-r%C4%81-mokopuna-ora-safe-sleep-day
3	Human Right's Day	www.amnesty.org.nz
5	World Volunteers Day	www.worldvolunteerweb.org and www.volunteeringnz.org.nz
10	World Human Rights Day	www.amnesty.org.nz
15	Term 4 ends-Secondary school	www.education.govt.nz/ministry-ofeducation/school-termsand-holidays/#cal2017
18	International Migrants Day	www.un.org/en/events/migrantsday
21	Term 4 ends-Primary & Intermediate schools	www.education.govt.nz/ministry-of-education/school-terms-andholidays/#cal2017

Resource Unit, (Public & Population Health Services)

Free Health Resources.

"Supporting active and healthy lifestyles".

PRINT RESOURCES ORDER FORM

Organisation:
 Contact Person/ Number:
 Physical Address:
 Ph/ Fax/ Email:
 Today's Date:



Fax to 09 4304493 attention Maree Lamerton or scan to resources@northlanddhb.org.nz

NH use only:					
Resource Title	Resource Code	Quantity	No. sent	Date sent	Backorder

Healthy People.....