CLIENT INTERVIEW RECORD

CLIENT INFORMATION

Full Name: ..... **DOB:** .....

Address:.....

..... **POSTCODE:** .....

Phone: (h) ..... **(w)**..... **(m)** .....

Email: .....

HEALTH INFORMATION (PLEASE CIRCLE)

Have you previously been treated for solar keratoses or skin cancer?	Y	N
Do you have a large number of moles?	Y	N
Have you had a history of frequent childhood sunburn?	Y	N
Have you ever suffered from an abnormal reaction or allergy to light?	Y	N
Are you taking (by mouth or application to skin) any medication?	Y	N

(Many medications have the potential to increase photosensitivity – eg antibiotics, anti-inflammatories – consult your medical practitioner or pharmacist about your medication before using a tanning unit.)

If you have any of the above we suggest you consult your doctor before using the sunbed or attempting to sunbathe outdoors. Any changes to your skin such as darkening moles or additional 'freckle' spots should be checked with you doctor.

Are you pregnant?	Y	N

Pregnancy changes your hormonal balance, this may cause blotchiness to your tan, we recommend even gentler tanning times and to consult your doctor if you have any concerns.

Have you used a sunbed before?	Y	N

SKIN TYPE TEST

Score	0	1	2	3	4	Total
Genetic Predisposition						
What is the colour of your eyes?	Light Blue, Grey or Green	Blue, Grey or Green	Blue	Dark Brown	Brownish Black	
What is the natural colour of your hair?	Sandy/Red	Blonde	Chestnut/ Dark Blonde	Dark Brown	Black	
What is the colour of your skin (non-exposed areas)?	Reddish	Very Pale	Pale with Beige Tint	Light Brown	Dark Brown	
Do you have freckles on unexposed areas?	Many	Several	Few	Incidental	None	
Reaction to Sun Exposure						
What happens when you stay in the sun too long?	Painful redness, blistering, peeling	Blistering followed by peeling	Burns sometimes followed by peeling	Rare burns	Never had burns	
To what degree do you turn brown?	Hardly or not at all	Light colour tan	Reasonable tan	Tan very easily	Turn dark brown quickly	
Do you turn brown within several hours after sun exposure?	Never	Seldom	Sometimes	Often	Always	
How does your face react to the sun?	Very sensitive	Sensitive	Normal	Very resistant	Never had a problem	
Tanning Habits						
When did you last expose your body to the sun or sunbed?	More than 3 months ago	2 - 3 months ago	1 – 2 months ago	Less than a month ago	Less than 2 weeks ago	
How often have you been tanning recently?	Never	Hardly ever	Sometimes	Often	Always	
					Total Score	

Skin Type Score	Fitzpatrick Skin Type	MED J/m^2
0 – 7	I	-
8 – 16	II	250
17 – 25	III	350
26 – 30	IV	450
Over 30	V-VI	450

Client Skin Type is: .....

MED (J/m^2):.....