



**FROM
ENROLLED
NURSE TO
NURSE
PRACTITIONER**

How the care team approach
could be part of the solution for
the general practice crisis

CURRENT CONTEXT

- 3000 people in Kiātaia who are unregistered with a general practice (GP)
- Over 11,000 in Northland who are unregistered, and this number is climbing
- Overwhelming majority are Māori
- Currently only 2 practices in Whangārei taking new enrollments
- There are innovative models being trialed across Northland – Iwi health providers are leading the way with this

HOW WE GOT HERE

- Maudie our enrolled nurse was tasked with meeting the unmet need of our patients at Kensington Health
- Built relationships with key agencies in the community. i.e. woman's refuge
- Hear from our colleagues that unenrolled patients are turning up to ED with long term conditions like gout
- Maudie knew who our vulnerable whānau were, and we built it from there
- We're nurses, we naturally gravitate to our vulnerable populations, and we all want to be part of the solution

CARE TEAM APPROACH

- Laura NP (1FTE), Leanne NP (0.5 FTE) and Jess RN and NP intern (0.2FTE) Maudie (1.0FTE)
- 1795 enrolled people – we had a GP leave and her patients shifted to our care team
- Idea of shared care across a team of nurses. The same model of care and approach
- Shared inbox, results, prescriptions, referral letters
- These patients are registered to Laura as a funding stream
- Currently RNs and ENs are not funded to have enrolled patients in the current model of capitation
- Leanne 4 hours per week from home mainly inbox cover
- Jess 8 hours on a Thursday with a template set up to look at follow ups, inbox, referrals
- Collecting data on how this approach works in a more formal way



**WHEN WE GET IT RIGHT FOR
MĀORI, WE GET IT RIGHT
FOR EVERYONE**

TE ROOPU PUTANGA ORA

Kensington Health has developed a deliberate focus on innovative care team approach through our Te Roopu Putanga Ora (Te Roopu) model. The name Te Roopu Putanga Ora was gifted to Kensington Health by a Kaumatua and means:

“Me Mahitahi tatau mo te Oranga o te Katoa. Working together to connect the community for the wellbeing of all. Partnership and growth interwoven connectedness with different communities together for better outcomes.”

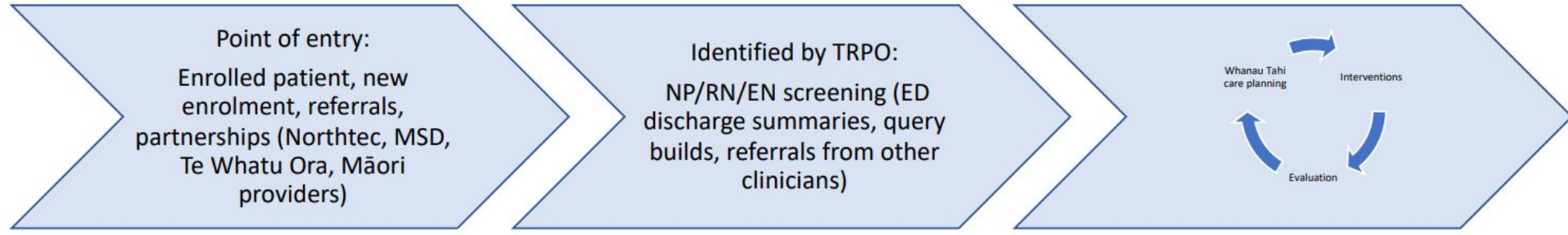




TE ROOPU PUTANGA ORA (TRPO)

- An intensive model of care for looking after vulnerable whanau
- 54 patients registered to Leanne Fall (NP)
- Maudie had a good idea of who's these whanau were already
- The idea is they can move out of TRPO and into the care team when their health goals are met
- Weekly meetings with care team and TRPO to identify the current needs
- Often these patients present opportunistically – alert on their file that they must be seen
- Referral in can be through opportunity (e.g. looking at ED/white cross discharge summaries for missed opportunities)
- Starting to look at grouping whānau instead of individuals

Te Roopu Putanga Ora: me mahitahi tatau mo te oranga o te katoa

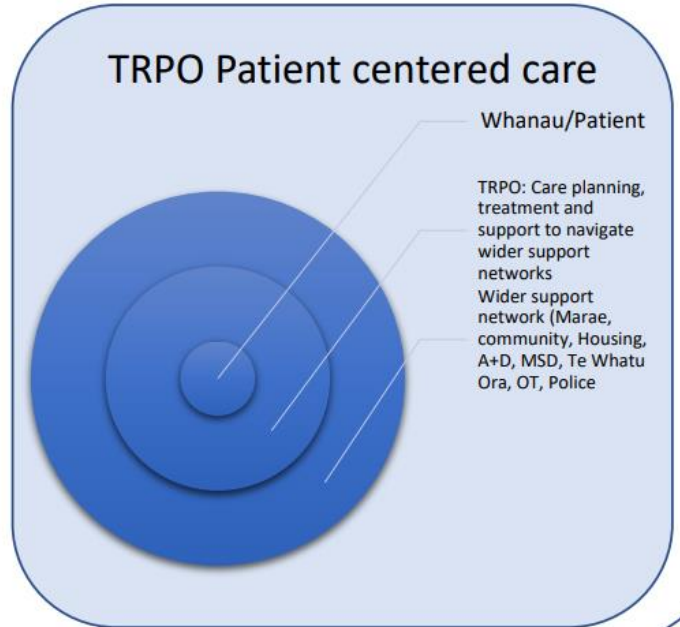


What is Te Roopu Putanga Ora?

“Working together to connect the community for the wellbeing of all. Partnership and growth interwoven connectedness with different communities together for better outcomes.”

Two Nurse Practitioners, a Nurse Practitioner Trainee, a Registered Nurse (Prescriber Trainee), Kaupapa Māori Enrolled Nurse, HCAs and a GP

- ### What do we need?
- Support to continue the Nursing Model of Care at each level
 - Funding to continue training and workforce development
 - Evaluation support
 - Identifying opportunities:
 - Recruitment and training (NP, RN, EN)
 - Partnership opportunities





CASE STUDY WHĀNAU

THE MEANING OF THE LOGO

- -The 2 Punga Fronds aligned in unison represent Te Roopu Putanga Ora and whanau.-The opening of the Punga Frond-representing beginning of life/existence/health and well being.-The gold Ochre colour represents Papatuanuku(mother earth)
- -The green colour represents Te Ngahere(forest)-The two colours together representing Rongoa Maori.





**CASE STUDY
YOUNG MUM**



WHERE TO FROM HERE?

- More nurse led clinics to build the capacity of our clinic
- Registered nurses running their own templates and taking on special projects that interest them
- Supported by NPs and GPs
- Developing our own, Ens, NPs, RNs and nurse prescribers
- Looking for innovative funding to scale up the service and to look for opportunities in research
- Other versions of TRPO – focus on mental health or palliative care subgroups of intensive work





MAURI ORA
