3 November 2020



Dear

Official Information Act Request

You have asked for information about mental health services.

- The number of antidepressant prescriptions handed out at the DHB each year for the last five years (January to December 2016 to January 2020 to YTD), broken down by each hospital if more than one under the DHB.
- The number of people prescribed antidepressants under the DHB each year for the last five years (January to December 2016 to January 2020 to YTD), broken down by each hospital if more than one under the DHB.
- The number of antipsychotic prescriptions handed out at the DHB each year for the last five years (January to December 2016 to January 2020 to YTD), broken down by each hospital if more than one under the DHB.
- The number of people prescribed antipsychotic prescriptions under the DHB each year for the last five years (January to December 2016 to January 2020 to YTD), broken down by each hospital if more than one under the DHB.

The vast majority of medicines on Northland DHB wards are provided as 'imprest' supply. This means an agreed selection of medicines are stocked by an area 24/7, and regularly restocked by the pharmacy to agreed levels. Medication administered to patients is selected from imprest stock against prescribing instructions contained in the patient's medical record.

There is no way to provide the information you have requested unless a full manual audit of all patient records is performed. This would require substantial research and I have therefore decided to withhold this information in accordance with section 18(f) of the Official Information Act. You have a right to complain to the Ombudsman about my decision to withhold this information.

 The number of admissions to the adult mental health inpatient unit each year for the last five years (January to December 2016 to January 2020 to YTD), broken down by each hospital if more than one under the DHB.

Northland DHB's mental health inpatient unit, Tumanako, is at Whangarei Hospital. Please see the information in the following table

	Total Admits	Unique Individuals	Total Bed days
2016	481	313	8407
2017	468	348	9485
2018	481	339	9728
2019	557	373	9608
2020 to 25 October 2020	452	320	7252

 The total amount of DHB funds allocated to the adult mental health inpatient each year for the last five years (January - December 2016 to January 2020 - YTD), with brief detail of what the money was being spent on each year.

Tumanako Inpatient Unit

NHL Type	Total Jan 16 to Dec 16	Total Jan 17 to Dec 17	Total Jan 18 to Dec 18	Total Jan 19 to Dec 19	Total Jan 20 to Sep 20 (9 months)
Total Clinical Supplies	145,428	125,134	110,266	53,218	55,435
Total Infrastructure & Non Clinical Supplies	519,877	240,416	268,231	173,481	140,454
Internal Allocations	807,499	874,571	997,816	982,724	752,210
Outsourced Services	95,549	11,797	45,284	(586)	1,113
Total Personnel Costs	5,341,464	5,235,314	5,756,990	5,785,013	4,518,967
Grand Total	6,910,817	6,487,231	7,178,587	6,993,850	5,468,180

 The number of complaints relating to mental health care each year for the last five years (January - December 2016 to January 2020 - YTD), with a brief description of each complaint. Also a breakdown of the number of these complaints that were investigated.

Please see the attached information.

Northland DHB supports the open disclosure of information to assist public understanding of how we deliver our services. This includes proactive publication of anonymised Official Information Act responses on our website from 10 working days after they have been provided to you. Personal or identifying information will be redacted from any response published online. If you consider there are good reasons why this response should not be publicly available we will consider your views.

If you have any questions regarding Northland DHB's response to your information request please contact Northland DHB's Communications Manager, in the first instance at communications@northlanddhb.org.nz.

Yours sincerely

Dr Nick Chamberlain
Chief Executive